














Drayton Infant School



Eativerse
A UNIVERSE OF FOOD AND DRINK

Autumn Winter Menu 2023/24 – Week One

13 Nov, 4 Dec, 1 Jan, 22 Jan, 12 Feb, 4 Mar, 25 Mar

| WEEK ONE |  PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|---|--|---|--|---|
| Pip's Planet-Friendly Option | Mexican Bean & Roasted Vegetable Burrito  | Cheese & Tomato Pizza & Garlic Bread  | Quorn Sausage Casserole in a Yorkshire Pudding  | Cheese & Onion Pastry Roll & Skin on Baked Wedges | Mediterranean Vegetable Pasta Bake  |
| Option Two | Homemade Macaroni Cheese | Chicken & Indian Lentil Tikka Masala Curry & Rice  | Filled Yorkshire Pudding with Beef & Vegetable Mince & Roast Potatoes | Pork Sausage Roll & Skin on Baked Wedges | Cod Fish Fingers & Chips |
| Pasta Option | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce |
| | | | | | |
| Vegetables | Mixed Vegetables, Sweetcorn  | Peas, Cauliflower  | Carrots, Seasonal Greens  | Green Beans, Sweetcorn  | Baked Beans, Peas  |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Dessert | Homemade Apple Sponge Cake  | Oaty Flapjack Finger | Homemade Vanilla Sponge & Custard | Fruity Strawberry Jelly & Mandarin Segments  | Chocolate Shortbread |

Available Daily: Pick & Mix Selection & Fresh Fruit



Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.
















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Autumn Winter Menu 2023/24 – Week Two

23 Oct, 30 Oct, 20 Nov, 11 Dec, 8 Jan, 29 Jan,
19 Feb, 11 Mar, 1 Apr

| WEEK TWO |  PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|--|---|--|--|---|
| Pip's Planet-Friendly Option | Loaded Cheesy Bean Hot Pitta Parcel  | Plant-based Bolognese Pasta with Lentils, Peppers & Basil  | Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy | Homemade Macaroni Cheese | Cheese & Onion Pastry Roll & Chips |
| Option Two | Homemade Cheese & Tomato Pizza & Garlic Bread  | Hearty Pasta Bolognese with Peppers  | Toad in the Hole, Roast Potatoes & Gravy | Mexican Style Chicken, Bean & Sweetcorn Burrito  | Cod Fish Fingers & Chips |
| Pasta Option | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce |
| | | | | | |
| | | | | | |
| Vegetables | Sweetcorn, Peas  | Green Beans, Carrots  | Cauliflower, Seasonal Greens  | Mixed Vegetables, Sweetcorn  | Baked Beans, Peas  |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Dessert | Apple & Sultana Crumble Bar  | Homemade Lemon Cake & Custard | Banana Cake & Fruit Slices  | Chocolate Cookie | Fruity Strawberry Jelly |

Available Daily: Pick & Mix Selection & Fresh Fruit

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



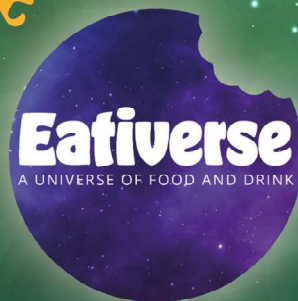
Oily
fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.













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On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



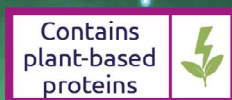


Autumn Winter Menu 2023/24 – Week Three

6 Nov, 27 Nov, 18 Dec, 15 Jan, 5 Feb, 26 Feb, 18 Mar, 8 Apr

| WEEK THREE |  PLANET GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|--|---|---|--|---|
| Pip's Planet-Friendly Option | Quorn Sausage & Bean Loaded Hot Pockets  | Plant-based Mince & Lentil Cottage Pie  | Quorn Sausage, Roast Potatoes & Gravy | Homemade Cheese & Tomato Pizza & Garlic Bread  | Cheese & Onion Pastry Roll & Chips |
| Option Two | Homemade Macaroni Cheese | Smoky Barbeque Chicken & Sweetcorn Meatballs & Rice | Roast Chicken , Roast Potatoes & Gravy | Beef Mince Chilli & Rice  | Cod Fish Fingers & Chips |
| Pasta Option | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce | Pasta with Cheese Sauce | Pasta with Tomato Sauce |
| | | | | | |
| Vegetables | Sweetcorn  | Mixed Vegetables, Peas  | Seasonal Greens, Carrots  | Green Beans, Cauliflower  | Baked Beans, Peas  |
| Sandwiches | Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham | | | | |
| Baked Jacket Potatoes | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans |
| Dessert | Chocolate Banana Cake | Oaty Flapjack Finger with Fruit  | Homemade Chocolate Sponge & Custard | Citrusy Lemon Drizzle Cake | Shortbread & Mandarin Pieces  |

Available Daily: Pick & Mix Selection & Fresh Fruit



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

