

School Values

DCIS children come into school below or at Age Related Expectation for social and emotional. After the Covid pandemic there is a concern that children will have been less active during lockdown. Our intent is to immerse them in a healthy and active curriculum in order to enable them to make rapid progress in their academic, physical, social and mental development.

PE Vision

Fit, Fun, Forever

To promote the health, well-being of every child and develop their ability to learn by **putting PE at the core of the school's curriculum**

Our Offer

Curriculum

realPE scheme which teaches FMS (agility, balance and co-ordination) alongside personal, social, cognitive, creative, physical and health and fitness skills from EYFS through to Year 2 for 1 hour a week.

In KS1, the children are given a 2nd hour of PE in a wide variety of physical activities, e.g. OAA, Yoga, Dodgeball, Athletics, Ultimate Frisbee, to practice, consolidate and use the skills taught in realPE.

In EYFS, the children are given lots of opportunity to practise the skills taught in realPE in their shared outdoor areas, using a wide variety of sports equipment, e.g. balance bikes, balls, nets, bean-bags, hoops and balance steps. child.

Extra-Curricular Activities

Inter-school competitions and festivals for all of Year 2 children.

Virtual Challenges for all KS1 children every half-term, within the PE cluster.

Celebration of sporting achievements recognised in assembly and put on the celebrations wall.

After school and before school sports clubs, e.g. football, gymnastics, tennis, running, tag rugby.

Links to local clubs in the area.

Collapse the curriculum days for experiences to develop the whole child, e.g. Mindfulness.

Learning about and being part of worldwide sporting events, e.g. Rugby World Cup, The Olympics, Euros.

Being part of charity events in the UK, e.g. Race for Life.

Using PE as a cross curricular link e.g. Maths and Literacy using Maths of the Day, BBC Super Movers, Outdoor Learning.