

PE Risk Assessment (September 2020)

Fit, Fun, Forever

Physical Education is a statutory entitlement as part of this broad and ambitious curriculum, and schools should avoid collapsing this area of provision



Key Messages

- PE will not be normal - we need to adapt to make it meaningful
- Outdoor sports should be prioritised where possible, and large indoor spaces used where it is not.
- Physical Education and Physical Activity are not the same thing. PE is a statutory entitlement within the taught curriculum, and is needed now more than ever.

Key Principles for supporting safe PE

Key principles for supporting safe PE, School Sport and Physical Activity:

1. Clean frequently touched surfaces
2. Wash hands frequently as part of a clear hygiene regime
3. Minimise contact
4. Ensure good respiratory hygiene

Written by Liz Dearden September 1st 2020 (PE Lead).
This Risk Assessment will be reviewed by the middle of October 2020.

Learning



- Pupils must stay within their own year group bubble.
- Extra-Curricular sports activities can be offered but year groups cannot mix within sessions.
- Agree which learning is appropriate, for example, identify curriculum priorities, agree revised expectations and required adjustments in practical lessons, and any approaches to 'catch up' support.
- Ensure there are appropriate adaptations to enable the safer teaching of skills in isolation in line with cleaning and hygiene regimes.
- Team games which involve close physical contact should be avoided.

Protective Measures and Hygiene

- Encourage outdoor PE and sport to support social distancing.
- Students could work in their own zone or 'safe space', which may even be marked out for younger children
- Contingency plans are in place for when activities cannot be delivered outside will include Interactive White Board activities, e.g. Jo Wickes, Cosmic Yoga, Speed Stacks (1 set per class)..... It may be possible to timetable each KS1 class an afternoon slot in the hall and 1 morning at 9am slot to reduce the risk of infection, as a contingency plan due to bad weather.

PE Equipment

- Equipment will need to be cleaned between each use.
- Use equipment which is easier to build into lessons and is easier to clean before and after use.
- Plan the curriculum and activity content to reduce minimal setting out and using of equipment.
- Where any equipment is shared, for example when throwing a ball back to a peer, it is important that the equipment is kept as clean as possible by ensuring it is cleaned before and after each lesson.
- Consider how the activity choice will allow for the cycling of equipment. (Fill in an order form to purchase additional resources to enable cycling, if necessary, to come out of Sports Funding.)
- Hand washing routines at the start and end to lesson be built into planning.



Written by Liz Dearden September 1st 2020 (PE Lead).
This Risk Assessment will be reviewed by the middle of October 2020.

PE Clothing

- The children will come to school in their PE kit on their PE days: t-shirt, shorts, trainers, joggers and a hoodie/jumper. A PE timetable has been made with the view that on wet days (when we cannot have PE outside) only children from the same bubble are in the hall in an afternoon, as there will not be time to clean the hall in between sessions.
- After October half-term, we will add that suitable clothes must be worn for Outdoor Adventurous Activity (coat, hat, gloves, boots, waterproof trousers.....). They can come to school in the OAA clothes and stay in them all day to eliminate the use of changing and bringing extra clothes into school which needs to be stored all day.
- KS1 and EYFS - children must all come to school with appropriate clothing for on-going PE outside every day, e.g. coat, sturdy shoes, cap or woolly hat, welly boots...(depending on the weather). The school will send reminders to parents as the seasons change.
- Children will leave their belongings on their peg, in a washable bag, at the beginning of the day and take their belongings home each night.
- This will be reviewed every half-term.



Written by [Name] (PE Lead).

This Risk Assessment will be reviewed by the end of October 2020.