

PE Key Stage 1 Curriculum Map 2020-2021

Term	<u>realPE using Jasmine</u> (EYFS, Year 1 and Year 2)		<u>Year 1</u>	<u>Year 2</u>
Autumn 1	FS8-Send&Rec FS12-React & Response	Physical	Dodgeball Team Games: simple tactics for attacking and defending.	Ultimate Frisbee Team Games: simple tactics for attacking and defending.
Autumn 2	FS10-Footwork FS1: 1 Leg Balance	Personal	Outdoor Adventurous Activities Team Building/Team Games	Outdoor Adventurous Activities Team Building/Team Games
Spring 1	FS5-Line Balance FS4-Balance- Stance	Cognitive	Dance Perform dances using simple movement pattern (linked to Literacy)	Dance Perform dances using simple movement pattern (linked to Literacy)
Spring 2	FS6 -Jumping FS-2 Seated Balance	Social	Yoga Develop balance, agility, co-ordination.	Yoga Develop balance, agility, co-ordination

Written by Liz Dearden, Drayton Community Infant School, July 2020

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Summer 1	FS9-Ball Skills FS7-Counter Balance	Creative	Team Games Kick, overarm throw, ball bounce, dodge/forehand strike	Team Games Kick, overarm throw, ball bounce, dodge/forehand strike
Summer 2	FS11 - Ball chasing FS3-Floor Balance	Health and Fitness	Athletics: Basic Movements: running, jumping, throwing and catching	Athletics: Basic Movements: running, jumping, throwing and catching.

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