

# DRAYTON COMMUNITY INFANT SCHOOL



## ANTI- BULLYING POLICY

To underpin the values and ethos of our school and our intent to ensure our children/young people are appropriately safeguarded this policy is included under the safeguarding umbrella.

Approved by governors Spring 2010  
Review date Spring 2011

# Drayton Community Infant School

## A "Good Friends" Approach

### Statement

Bullying in any form, by anyone, will not be tolerated at Drayton Community Infant School. We do not accept any form of behaviour which hurts, threatens or frightens any member of our school community. Every child has the right to feel safe and happy in school and in the playground. We believe in eradicating bullying without victimising the bully. Victims will be confident that support will be given and action will be taken against bullies.

### Aims

- (1) To promote the well-being of all pupils based on trust between all members of the school community.
- (2) To offer an environment free from verbal and physical abuse and to provide an education free from the humiliation and oppression where everyone has the chance to partake of the social and educational opportunities offered by our school.
- (3) To report and record all instances of bullying.
- (4) To promote a "whole school" approach, where signals and signs are identified and swift, and effective action is taken. (Bullying is less likely to occur in schools when the problem is recognised).

### A positive approach to promote "Good Friends"

Personal and Social Education assemblies.

Provide good role models; show care, politeness, respect and honesty.

Discuss supportive relationships Teach and promote empathy.

Promote self-esteem, security, identity, belonging, purpose and competence.

Help children to develop positive strategies and assertiveness.

Refer to "caring"; raise awareness of how *good* it feels to care for others and how good it feels to be cared about.

Reward non-aggressive behaviour

Explore feelings through role-play and viewing bullying situations from both sides.

Allow children to hear what other people feel and experience (eg "circle time")

Discuss friendships: who are our friends and why do we choose them?

Encourage children to recognise their own qualities and help them, identify good qualities in others. Teach children to listen, and listen to them attentively.

Help children to be patient and to be reflective.

Encourage children to look after their own property and to respect the property of others.

Help children to give and receive praise. Teach children to be helpful.

Encourage peer support for both the bullied and the bullies.

Timetable PSE lessons.

**The following forms of behaviour will not be tolerated in our school**

Name calling	Ignoring
Excluding	Whispering
Teasing' winding up"	"Dropping them in it"
Kicking/hitting	Aggression
Physical violence	Sexual harassment
Sarcasm	Gender abuse
Spoiling work	Exploiting physical weakness
Spitting/biting	Not giving credit
Preventing others from working	Mimicking
Glaring/staring	Spreading rumours
Passing notes	Locking people away
Tripping up	Shouting out
Chanting	Dares
Damaging property	Forcing people to join a group
Refusing to touch others or their things	Threats/exhortation
Belittling/degrading	Inappropriate use of "publicness."
Stealing	Criticising
Humiliating	Denying choice
Swearing	Frightening
Obstructing	

### **Action against bullying:**

#### **For the adult:**

- Take bullying seriously and investigate the facts of any incident.
- Support children who are being bullied or who bully.
- Encourage bullies to change their behaviour.
- Encourage children to "tell" and back them up when appropriate.
- Break up groups of bullies.
- Use peer pressure against bullying behaviour.
- Meet with bullies and victims individually.
- Encourage co-operative working & play.
- Check hidden corners of the school environment.
  
- Take an active interest in children's social lives and watch for signs of distress.

#### **For the child:**

- Tell yourself you don't deserve to be bullied.
- Try to show that you are not upset.
- Try being assertive: shout "go away" loudly, or walk quickly and confidently away.
- Get your friends to support you.
- Show that you and your friends disapprove.
- Talk to an adult.
- Give sympathy and support to children who may be bullied.
- Be careful about teasing or personal remarks.
- Don't stand by and watch - fetch help.
- Remember, we are all individuals and different and we should be allowed to be proud of it.

### **Procedure for dealing with bullying**

- Allow "cooling off" time for pupils involved where appropriate.
- Talk with the bullies and the bullied individually in confidence. It may be then appropriate to discuss behaviour together and obtain apologies (only if genuine). If appropriate, allow bullies to hear the feelings of the bullied child. In certain circumstances, sanctions will then be applied.
- Ensure that all incidents of bullying are recorded.
- Following initial procedures, monitoring will take place until the problem is resolved to everyone's satisfaction.

### **Sanctions available**

Withdrawal from playtime (which may involve writing a letter of apology).

Withdrawal from representing our school.

Withdrawal from favoured activities.

Withdrawal of privileges.

Exclusion from peers.

Referral to senior staff.

Referral to Psychology Service.

Exclusion from school